

Circle of Care	Physical Hazards Exposure Safe Operating Practice	SOP # 02
		October 2022

Training and Competency	<ul style="list-style-type: none"> • Hazard Awareness and Identification Policy (Intranet) • Home Safety and Inspection Policy (Intranet)
Hazard(s)	<ul style="list-style-type: none"> • Noise, • Vibration • Temperature extremes – hot and cold • Radiation • Lighting
Injury Potential	<ul style="list-style-type: none"> • Heat stress and heat stroke • Dehydration • Headaches
Energy Source(s)	<ul style="list-style-type: none"> • Lights • Equipment
Applicability	<ul style="list-style-type: none"> • All employees
PPE	<ul style="list-style-type: none"> • None
Pre-use Checklist	<ul style="list-style-type: none"> • Ensure that all equipment is free from flaws and functioning properly
Safety Precautions	<ul style="list-style-type: none"> • Take rest breaks away from physical hazards • Use proper safety equipment • Dress appropriately for weather conditions • Work away from noise when possible • Drink at least 4-8 ounces of fluid every 15-20 minutes to maintain proper balance during hot or humid environments
In the Event of an Injury	<ul style="list-style-type: none"> • Seek medical attention if needed • Notify supervisor of all incidents
Sequential Steps to Complete the Work Safely	<ul style="list-style-type: none"> • Keep walking areas free of clutter and furniture. If client home is cluttered and poses a hazard, contact your supervisor to help identify corrective actions with the client and/or family members • Utilize ventilation systems, air conditioning and heaters where necessary and when possible • Report all hazards to your supervisor
Lockout Steps	<ul style="list-style-type: none"> • None
Preventative Maintenance	<ul style="list-style-type: none"> • Training of workers to recognize hazards and symptoms of exposure • Employees are reminded of heat hazards in the summer months